

**Great North Air Ambulance Service**  
**30 Mile Charity bike ride Sunday 31st May 2020**  
**Entry Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel No: \_\_\_\_\_

Email address: \_\_\_\_\_

*(PLEASE PRINT EMAIL ADDRESS CLEARLY)*

The organisers shall **not be liable** for any **loss, damage, actions, claims, costs and expenses** which I may suffer, or which may be against the organisers by reason or in consequence associated with this event. **I am in good health.**

Signed:.....

Notes:

1. The above disclaimer **must be signed** before any entry can be accepted.  
(A parent must sign for any cyclist under the age of 18 years)
2. Please ensure that you ride in a safe manner and **adhere to the Highway Code.**  
**“PLEASE DO NOT RIDE MORE THAN TWO ABREAST”**
3. Cyclists are strongly advised to wear helmets and bright coloured clothing.
4. Cyclists **under the age of 16 years must be accompanied by their parent/s or guardian at all times.**
5. Route and direction sheets attached.
6. \*\*\*PLEASE BE AWARE **The ride is on PUBLIC ROADS\*\*\***
7. Sponsorship forms are also enclosed for those cyclists wishing to raise additional funds for the charity.

**PLEASE ensure correct postage value / size along with *Stamped addressed envelope* (For riders Entry Number/s to be posted back to you).**

8. Refreshments will be available at the **start** and the **two checkpoints** en route.
9. **Basic** mechanical support and St John’s 1<sup>st</sup> Aid back up will be available on the day.

**All cyclists are to check in at the start, the two checkpoints en route and the finish.**

+++++

Venue: Stokesley Town Hall Stokesley High Street -

**Registration:** 9.00am – 9.45am                      **Start:** 10.00am

**Entry Fee £10 (£12 on the day of ride)    \*\* Free for under 16 years old**

Please make cheques payable to **GNAAS** and send, along with entries to:

Paul Mackintosh, 90 Salutation Road, Darlington, DL3 8JW.                      0780 1143942 (Mobile)  
**(Please remember S.A.E. ensure correct Postage) \* For riders entry number/s**

Email : **paulmack1@ntlworld.com**

Closing date for postal entries: **Saturday 23rd May 2020**

**Emergency phone numbers:**

Paul Mackintosh  
Chris Hugill

**The Route**

Organiser/Car Back up                      07801143942  
Car Back up    07711694234

**The Route:**

**Start:**    **Town Hall, High Street Stokesley.**  
Leaving the Town Hall, turn right **WITH CARE**, straight ahead for 200 yards turn right at the roundabout – sign posted **Great Ayton (A172)**

To next roundabout, take second exit – **A173 Great Ayton**    **3 miles**

In Great Ayton turn right at the **Buck Inn** to T Junction, turn left to next T Junction then turn Right and continue along **Easby Lane** to **T Junction**, bear left into **Easby.**    **2.5 miles**

In **Easby**, turn right to **Ingleby Greenhow.**    **1.5 miles**

Thru’ **Ingleby Greenhow** to road junction 20 yards after **Dudley Arms.**  
Turn right (sign posted **Great Broughton**) and continue for ½ mile.    **½ mile**

Turn sharp left – sign posted **Chop Gate – ascending Clay Bank** to car park  
**(Please keep to the left whilst ascending the bank)**    **2.75 miles**

**Clay Bank refreshment stop.**    **COMPULSORY CHECK IN POINT**

Leave the car park, **Look left** – turn right to **Great Broughton** (Sign Posted Stokesley)  
**(Fast descent - TAKE CARE)**  
Thru’ Great Broughton, passing the **Bay Horse** to the crossroads    **2.75 miles**

Turn left at the crossroads along **Kirby Road** to **Kirby.**    **½ mile**

Thru’ **Kirby** to **Busby** and on to **T Junction.**    **2.5 miles**

At **T Junction** turn left (sign posted **Carlton & Faceby**).  
Follow road thru’ Carlton and into Faceby.    **4 miles**

Cross **A172** to **Goulton Lane (EXTREME CARE)** sign posted **Potto.**  
Along Goulton Lane to T Junction (**Preston’s of Potto**) turn left.    **1.5 miles**

**Potto**    **½ mile**

**Dog & Gun (Tomahawk Steakhouse) Refreshment stop**    **COMPULSORY CHECK IN POINT**

Leave Dog & Gun Car Park, turning right thru’ village to road junction at **Potto Hall**, turn right  
(sign posted **Hutton Rudby**)    **½ mile**

At next junction, turn right to **Hutton Rudby.**    **1.25 miles**

Thru’ **Hutton Rudby**, bear right at road junction (**take care**) sign posted **Stokesley**, continue up the bank, (follow sign for Stokesley) turn left at Holme Lane, Chicken Run (**No sign, look for route arrow**)  
**KEEP LEFT, this is 2 WAY TRAFFIC**    **0.75 miles**

Continue to T-Junction in Seamer, turn left.    **2.25 miles**  
Carry on this road then turn right along **Tanton Road** (sign posted **Great Ayton**)

Along **Tanton Road** to **T Junction**, turn right (**sign posted Stokesley**)    **1.75 miles**

Look for sign post (**LOCAL TRAFFIC ONLY**) and **turn right** to mini roundabout and follow signs to **Town Centre.**  
**Turn right to Town Hall**    **3 miles**

**Finish: Town Hall, High Street Stokesley.**