

Great North Air Ambulance Service
30 Mile Charity bike ride Sunday 15th May 2022
Entry Form

Name: _____

Address: _____

_____ Tel No: _____

Email address: _____

(PLEASE PRINT EMAIL ADDRESS CLEARLY)

The organisers shall **not be liable** for any **loss, damage, actions, claims, costs and expenses** which I may suffer, or which may be against the organisers by reason or in consequence associated with this event. **I am in good health.**

Signed:

Notes:

1. The above disclaimer **must be signed** before any entry can be accepted.
(A parent must sign for any cyclist under the age of 18 years)
2. Please ensure that you ride in a safe manner and **adhere** to the **Highway Code**.
“PLEASE DO NOT RIDE MORE THAN TWO ABREAST”
3. **Cyclists are strongly advised to wear helmets and bright coloured clothing.**
4. **Cyclists under the age of 16 years must be accompanied by their parent/s or guardian at all times.**
5. Route and direction sheets attached.
6. *****PLEASE BE AWARE The ride is on PUBLIC ROADS*****
7. Sponsorship forms are also enclosed for those cyclists wishing to raise additional funds for the charity.

PLEASE ensure correct postage value / size along with Stamped addressed envelope (For riders Entry Number/s to be posted back to you).

8. Refreshments will be available at the **start** and the **two checkpoints** en route.
9. **Basic** mechanical support and 1st Aid back up will be available on the day.
All cyclists are to check in at the start, the two checkpoints en route and the finish.

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Venue: Stokesley Town Hall Stokesley High Street -

Registration: 9.00am – 9.45am **Start:** 10.00am

Entry Fee £10 (£12 on the day of ride) ** Free for under 16 years old

Please make cheques payable to **GNAAS** and send, along with entries to:

Paul Mackintosh, 90 Salutation Road, Darlington, DL3 8JW. 0780 1143942 (Mobile)
(Please remember S.A.E. ensure correct Postage) * For riders entry number/s

Email : paulmack1@ntlworld.com

Closing date for postal entries: **Saturday 7th May 2022**

The Route

Emergency phone numbers:

Paul Mackintosh
Chris Hugill

Organiser/Car Back up 07801143942
Car Back up 07711694234

The Route:

Start: **Town Hall, High Street Stokesley.**
Leaving the Town Hall, turn right **WITH CARE**, straight ahead for 200 yards turn right at the roundabout – sign posted **Great Ayton (A172)**
To next roundabout, take second exit – **A173 Great Ayton** **3 miles**

In Great Ayton turn right at the **Buck Inn** to T Junction, turn left to next T Junction then turn Right and continue along **Easby Lane** to **T Junction**, bear left into **Easby**. **2.5 miles**

In **Easby**, turn right to **Ingleby Greenhow**. **1.5 miles**

Thru’ **Ingleby Greenhow** to road junction 20 yards after **Dudley Arms**.
Turn right (sign posted **Great Broughton**) and continue for ½ mile. **½ mile**

Turn sharp left – sign posted **Chop Gate – ascending Clay Bank** to car park
(Please keep to the left whilst ascending the bank) **2.75 miles**

Clay Bank refreshment stop **COMPULSORY CHECK IN POINT**

Leave the car park, **Look left** – turn right to **Great Broughton** (Sign Posted Stokesley)
(Fast descent - TAKE CARE)
Thru’ Great Broughton, passing the **Bay Horse** to the crossroads **2.75 miles**

Turn left at the crossroads along **Kirby Road** to **Kirby**. **½ mile**

Thru’ **Kirby** to **Busby** and on to **T Junction**. **2.5 miles**

At **T Junction** turn left (sign posted **Carlton & Faceby**).
Follow road thru’ **Carlton** and into **Faceby**. **4 miles**

Cross **A172** to **Goulton Lane (EXTREME CARE)** sign posted **Potto**.
Along **Goulton Lane** to T Junction (**Preston’s of Potto**) turn left. **1.5 miles**

Potto **½ mile**

Dog & Gun (Tomahawk Steakhouse) Refreshment stop **COMPULSORY CHECK IN POINT**

Leave **Dog & Gun Car Park**, turning right thru’ village to road junction at **Potto Hall**, turn right (sign posted **Hutton Rudby**) **½ mile**

At next junction, turn right to **Hutton Rudby**. **1.25 miles**

Thru’ **Hutton Rudby**, bear right at road junction (**take care**) sign posted **Stokesley**, continue up the bank, (follow sign for Stokesley) turn left at **Holme Lane**, **Chicken Run (No sign, look for route arrow)**
KEEP LEFT, this is 2 WAY TRAFFIC **0.75 miles**

Continue to T-Junction in **Seamer**, turn left. **2.25 miles**
Carry on this road then turn right along **Tanton Road** (sign posted **Great Ayton**)

Along **Tanton Road** to **T Junction**, turn right (sign posted **Stokesley**) **1.75 miles**

Look for sign post (**LOCAL TRAFFIC ONLY**) and **turn right** to mini roundabout and follow signs to **Town Centre**.
Turn right to Town Hall **3 miles**

Finish: Town Hall, High Street Stokesley.