

Stokesley Charity Bike Ride Sunday 31st May 2020

Hi Everyone,

We're approaching that time of year when we start to gear up for the Stokesley 30 Mile Charity Ride and I am delighted to inform you that we are supporting the **GREAT NORTH AIR AMBULANCE** this year.

NB We have brought the date forward to avoid the Bank Holiday , the TDY on 3rd May and on the 17th May there is the British Triathlon. which I know there are a number of riders who participate in the triathlon.

By bringing the date forward I hope all events will benefit along with the participants.

If you know of anyone who would like to join you on the ride, please encourage them to enter for what as you have experienced is not a race but a lovely ride and great day out and of course they will be supporting **Great North Air Ambulance Service**.

Our Sponsor and supporters

I am delighted to announce that RPS Maltby will once again be sponsoring the ride this year.

Stokesley Parish Councillors have agreed to allow us the use of the Town Hall and car parking area known as The Plain. Use of the Plain was granted by kind permission of the Manorial Lands Trust. Thank you so much.

What we achieved last year

In January 2020 we handed over a cheque for **£5661.37p to Cystic Fibrosis**.

This was a phenomenal amount for the charity and is going to make an **ENORMOUS** difference to those suffering. One of our regular riders who suffers with CF sends his personal thanks to each of you for what you have achieved. **THANK YOU ALL** so much.

Who we're supporting this year.

We are delighted to be supporting **Great North Air Ambulance Service** for this years charity.

The Great North Air Ambulance Service (GNAAS) brings pioneering pre-hospital care to the scene, rescuing hundreds of severely injured or ill patients every year. We are not NHS-funded, we attended 1,173 callouts in 2018

How you can take part

The 30 mile ride will take place on **Sunday 31st May 2020 from Stokesley Town Hall in the High Street**, starting at 10am.

There will be basic mechanical support, a back-up vehicle and first aid facilities to assist the riders, along with refreshments i.e. bananas, chocolate bars and water, etc.

The entry fee for the ride will be £10 (**£12 on the day**). All proceeds go directly to the charity. **Entry is free to under-16s.**

REGISTRATION UPDATE

GNAAS have no facilities to enter online, please revert to completing hard copy entries as in previous years.

Entry / Sponsor forms along with Route / Emergency contacts information are available to download from the website www.stokesleycharityride.org.uk (Home Page - click on link for Forms)

Please send completed forms/cheques and enclose a **SAE** so I can send your rider number/s to you (please check that **postage is the correct amount**).

NB Failure to do so may result in your entry not arriving to me.

Please send your entry form and cheque, payable to: **GNAAS**

to :

**Paul Mackintosh
90 Salutation Road
Darlington
County Durham
DL3 8JW**

The closing date for postal entries is **Saturday 23rd May 2020**

If you have any queries, please contact me by mobile 07801 143942 or e-mail paulmack1@ntlworld.com

NB Due to a massive drop in demand over the last two years, there will be no T-shirts available this year. Sincere apologies to those who have collected in the past (myself included).